

# Scripture this week:

**Lord**, sometimes we are tempted to minimize our losses and struggles;

Help to us live honestly.

Sometimes we are tempted to avoid difficult emotions;

Help us to live courageously.

Sometimes we are tempted to believe the lies that we have no control or complete control;

Help us to live responsibly.

Sometimes we are tempted to live carried away by each new circumstance;

Help us to live purposefully.

Sometimes we are tempted to fear the future;

Help us to live confidently.

Sometimes we are tempted to resign ourselves to what we can see;

Help us to live faithfully and expectantly.

For Your glory and our joy.

Amen.

Finding Meaning in the Mess

Todd Chapman - May 10, 2020

- Identify the loss
- Welcome the grief
- Accept the uncertainty
- Confront the fear
- Assess what's important
- Celebrate successes
- Fight for joy

## Notes:

## *Life Group Questions:*

### Finding Meaning in the Mess

1. As you reflect back on the last few weeks, what has been the best moment? How about the worst?
2. People say that times of trial bring out the best (and possibly the worst) in people. What are you learning about yourself during this difficult time? What are you learning about what you value most and where your priorities are at?
3. As our usual routines have changed in a big way during this time, what do you miss the MOST? The LEAST? When restrictions end, which of your old routines will you run back to and which, if any, will you leave behind?
4. What sort of emotions have you been experiencing lately? What messages might your emotions be communicating to you about your view of God and your relationship with Him? How has your relationship with God changed during this pandemic?
5. Last week we looked at Romans 8:28 and how God promises to work in and through all things for our good. This being the case, as you look at your life during this COVID-19 outbreak, can you see places where God has been working to bring about good for you and others?
6. Are there people in your life whom you know are really struggling to cope? How might you be able to come alongside them to empathize and to encourage?
7. How can the group be supporting and praying for you this week?