

PICTURE THIS... for families



The Leaven

(Matthew 13:33)

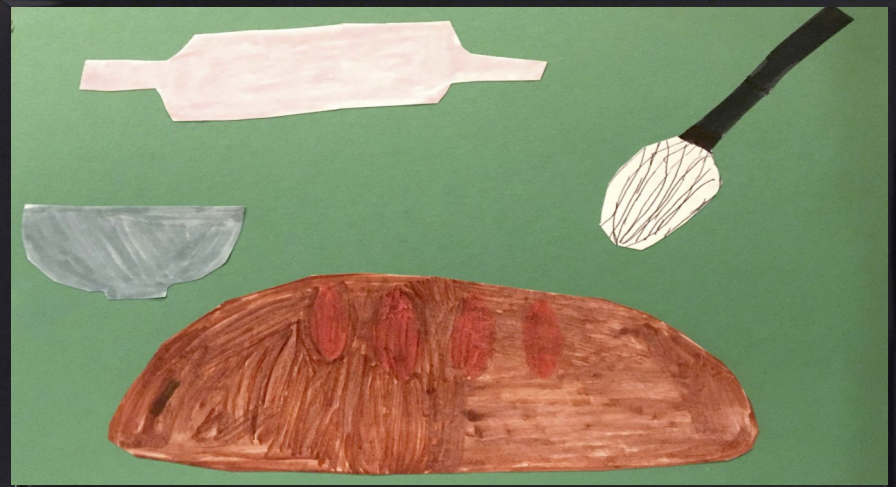
Big Idea: True change comes from the inside out.

Concrete Concepts: Hide, Inside, Change, Growth

1. Bring it to life (activities):

- (Pre-K-2nd) Make clay from baking soda and water. Have your child form it into an egg shape. Choose a small trinket of some sort from the Dollar Store or Target to squeeze into their egg. Don't let them see it. After the eggs harden, let your child drop vinegar in small amounts on the baking soda egg. The vinegar will cause the egg to gradually dissolve and your child will be able to discover what was hidden inside of the egg.
- (3rd-6th) Look up yeast experiments for kids on Pinterest. Choose one appropriate to the age of your child and do the experiment together as a family. Then bake some bread together using yeast.

*Online - Look up information on how bread was baked in ancient times (<https://amazingbibletimeline.com/blog/how-did-the-ancient-israelites-make-bread/>)



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2. Pull it apart (conversation):

- What was hiding inside of your egg?
- What else would fit inside of your egg?
- How did the yeast change the bread?
- What did you feel inside when we were doing the yeast experiment?

3. Model it (for the adults):

- When you look back 3-5 years ago, what inner growth can you point to?
- Where in your life would you like to see more inner growth? What steps might you take to achieve this?
- How might your children or grandchildren describe the growth they've seen in you?