

## Ephesians 4:17-24

## For the week of January 28, 2024

## Reading the Text:

- 1. What was the big idea of Ephesians 4:7-16 from last week?
- 2. The primary audience for the book of Ephesians are the Gentiles in the Ephesian church. Why do you think Paul tells them to "no longer walk as the Gentiles do"? How does Paul describe the way Gentiles walk? (Ex: vv. 18-19, 22)
- 3. How does Paul describe the "new self" in vv. 23-24? What does it mean to be "created after the likeness of God..."?
- 4. According to v. 23, what promotes the greatest transformation and empowerment to "put on the new self" in v. 24? To what does it seem Paul pays more attention to: the mind or the heart?
- 5. How would you restate the big idea of the Ephesians 4:17-24 in your own words?

## Living It Out:

- 1. Paul seems to mention the "mind" and other parallel ideas quite a few times. In a passage explaining how we are to now live and act, why do you think he mentions the mind and understanding? Is the idea that new living comes from new thinking a new concept to you? Why or why not?
- 2. What are some characteristics of who you were in the "old self" before you came to treasure Jesus? What are some ways you see yourself living in the "new self" today?
- 3. How can we as a Life Group encourage one another to *think* and *live* in closer alignment with our new identity in God, consequently reflecting Jesus?

