

LIFE GROUP DISCUSSION QUESTIONS

EPHESIANS

PART OF SOMETHING BIG

Ephesians 4:25-32

For the week of February 11, 2024

Reading the Text:

1. What was the big idea of the previous text, Ephesians 4:17-24?
2. After reading 4:25-32 and noticing it starts with “*Therefore...*”, what do you think connects this text and the previous (4:17-24)?
3. In 17-24, Paul is explicit with his “*take off...*” “*put on...*” language. How does he continue this theme in 25-32, and what are we to “*take off*” and “*put on*”?
4. What does Paul mean when he says “*And do not grieve the Holy Spirit of God...*” (v. 30)? In what sense does Paul mean that we can “*grieve*” the Spirit? Why is a lifestyle that would grieve the Spirit incompatible with life as the “*new self*” in v. 24?
5. How would you restate the big idea of the Ephesians 4:25-32 in your own words?

Living It Out:

1. Have you ever tried to change a behavior without a strong connection to the “*why*” behind the desire to change? (Ex: New Years resolutions, etc.?) What was it like?
2. What foundation of beliefs does Paul motivate us with in Chapters 1-3 in order to impact our behaviors? How can a clearer picture of God’s love for us (Chapters 1-3) motivate us towards this end?
3. How can we as a Life Group encourage and motivate one another towards living a life compatible with the virtues of the “*new self*”?